

## CPR FACTS AND STATS

The use of CPR dates all the way back to 1740, yet even today, most Americans don't know how to perform it. Given properly and immediately to sudden cardiac arrest victims, CPR can save lives

Anyone can learn CPR – and everyone should! Sadly, 70 percent of Americans may feel helpless to act during a cardiac emergency because they either do not know how to administer CPR or their training has significantly lapsed. This alarming statistic could hit close to home, because home is exactly where 88 percent of cardiac arrests occur. Put very simply: The life you save with CPR is mostly likely to be someone you love.



## **FIRST RESPONSE** Training Group, LLC

Hosting a CPR course for the Health Care Provider.

(4) Hour Course

For dates and or availability give us a call  
(407) 592-1184

### **Location:**

6435 Hazeltine National Drive  
Suite 150/155  
Orlando, Florida 32822  
(407) 592-1184

### **Website:**

[www.FirstResponseTrainingGroup.com](http://www.FirstResponseTrainingGroup.com)

### **Cost:**

\$75.00

### **Book Included**

“Call and ask about group rates”

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### **CPR**

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## WHY LEARN CPR?

Cardiac arrests are more common than you think, and they can happen to anyone at any time.

Nearly 383,000 out-of-hospital sudden cardiac arrests occur annually, and 88 percent of cardiac arrests occur at home.

Many victims appear healthy with no known heart disease or other risk factors.

Sudden cardiac arrest is not the same as a heart attack.

Sudden cardiac arrest occurs when electrical impulses in the heart become rapid or chaotic, which causes the heart to suddenly stop beating.

A heart attack occurs when the blood supply to part of the heart muscle is blocked. A heart attack may cause cardiac arrest



# FIRST RESPONSE

## Training Group, LLC

FIRST RESPONSE is a provider of continuing medical education for public safety, allied health and military medical professionals. We conduct the highest quality, accurate, practical and relevant classes possible.

Our programs are nationally recognized and tailored to meet the specific needs of agencies and students from novice to professional. We deliver challenging, realistic hands-on classes, where the practical application of medical and decision-making skills are taught with the purpose of graduating students that are empowered to act with confidence in emergency situations.

Our seasoned instructors are all healthcare professionals. They come from various specialties within the field, such as; Firefighter/Paramedics, S.W.A.T. Medics, Combat Medics, Nurses, Physician Assistants, and Doctors. They all share the owner's philosophy that "the quality of the graduate is paramount."



## WHY TAKE ACTION?

Failure to act in a cardiac emergency can lead to unnecessary deaths.

Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival, but only 32 percent of cardiac arrest victims get CPR from a bystander.

Sadly, less than eight percent of people who suffer cardiac arrest outside the hospital survive.

The American Heart Association trains more than 12 million people in CPR annually, to equip Americans with the skills they need to perform bystander CPR

**CPR is as easy as**  
**C - A - B**

**C**ompressions  
Push hard and fast on the center of the victim's chest

**A**irway  
Tilt the victim's head back and lift the chin to open the airway

**B**reathing  
Give mouth-to-mouth rescue breaths

Early chest compression can immediately circulate oxygen that is still in the bloodstream. By changing the sequence, chest compressions are initiated sooner and the delay in ventilation should be minimal.

2010 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations

